Date written:	2008	Date reviewed: 2017	
School Council Ratified: 19th JUNE 2017		Next review: 2020	

**This policy has been developed by members of School Council.
This includes both parent and DET representatives.**

PURPOSE

- To provide students with the knowledge, skill and behaviours to achieve a degree of autonomy in developing and maintaining their physical, mental, social and emotional health.

- To focus on the importance of a healthy lifestyle and promote the potential for lifelong participation in physical activity through the development of physical competence.

- To explore the developmental changes that occur throughout the human lifespan including ways of managing transitions, changing roles and responsibilities, personal identity and an understanding of human sexuality.

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POLICY STATEMENT

The Health & Physical Education Program is designed to assist students to:

- Develop knowledge and skills to make informed decisions, plan strategies and implement and evaluate actions which promote growth, development and participation in physical activity, fitness, effective relationships, safety and health of individuals and groups.

- Develop confidence in using movement skills and strategies to increase motivation to participate in lifelong physical activity.

- Be actively involved as a skilled participant in play, games, gymnastics, aquatics, sport, outdoor activities, leisure and recreation.

IMPLEMENTATION

The Physical Education Specialist will have the responsibility for ensuring that the policy is implemented throughout the school.

a) Physical Education

- All children will participate in regular weekly sessions (50 minutes) with the Physical Education specialist.
- Time for Physical Education and Sport will be allocated as close as possible to guidelines provided by the Department of Education and Training (DET).
- The Physical Education program will be based on appropriate learning outcomes as outlined in the Victorian Curriculum and Assessment Authority (VCAA).

IMPLEMENTATION (Continued)

- The Physical Education program will provide equal opportunity for all students.
- The components of the Physical Education program will include:

Prep -2

Movement patterns	Underarm throw	Over arm throw	Catch Chest pass
Bounce	Kick	Forehand strike	Gymnastics
Dance	Teambuilding games		

Grade 3-6

Basketball	Ultimate Frisbee	Field hockey	Handball
Touch rugby	Athletics	Soccer	Football (AFL)
Netball	Fitness testing	Cricket	Racquet sports
Gymnastics	Dance		

- Physical Education classes will be conducted in a range of indoor and outdoor environments.
- Classrooms will be allocated sporting equipment for use during recesses and lunchtimes.
- Swimming programs will be offered to students from Prep-Grade 4 and will be conducted at a suitable, local venue for a period of 6-8 weeks.
- All students in Grades 3-6 will be given the opportunity to compete at the Greenhills Primary School Swimming, Cross Country and Athletics Carnivals.
- All students in Grade 5-6 will be given the opportunity to participate in the Summer and Winter Interschool Sport Program.
- Extra-curricular sporting days will be offered to students in Grades 3-6 in sports not covered through our curriculum or Interschool Sport Program, and dependent on the timing of their availability and other school based events.
- Students' individual development in Physical Education will be monitored by the Physical Education Specialist through appropriate assessment measures; such as anecdotal notes, skill checklists and portfolio tasks.

b) Health Education

- The Life Education Van will conduct sessions every two years.
- Family Life will offer and conduct evening sessions for students and parents, every two years.

EVALUATION AND REVIEW

The Greenhills Primary School Health and Physical Education Policy will be reviewed as per School Council Policy and School Council will evaluate its relevance in line with DET guidelines and community expectations as represented by parent members on School Council.