

## **Bullying Prevention Policy**

Generosity Respect Enthusiasm Acceptance Teamwork

Date written: 2002 Date reviewed: 2018 School Council Ratified: Next review: 2019

## This Policy has been developed by members of School Council. This includes both parent and DET representatives.

#### **PURPOSE**

Greenhills Primary School is committed to providing a safe and respectful learning environment where bullying will not be tolerated.

The purpose of this policy is to:

- explain the definition of bullying
- make clear that all forms of bullying at Greenhills Primary School will not be tolerated
- ask that everyone in our school community be alert to signs and evidence of bullying behaviour, and accept responsibility to report bullying behaviour to school staff
- ensure that all reported incidents of bullying are appropriately investigated and addressed
- ensure that support is provided to students who may be affected by bullying behaviour (including victims, bystanders and perpetrators)
- seek parental and peer group support in addressing and preventing bullying behaviour at Greenhills Primary School.

When responding to bullying behaviour, Greenhills Primary School aims to:

- be proportionate, consistent and responsive
- find a constructive and positive solution for everyone
- stop the bullying from happening again
- restore the relationships between the students involved

Greenhills Primary School acknowledges that school staff owe a duty of care to students to take reasonable steps to reduce the risk of reasonably foreseeable harm, which can include harm that may be caused by bullying behaviour.

## **SCOPE**

This policy applies to all school activities, including camps and excursions.

This policy should be read in conjunction with our school's including Student Wellbeing and Engagement Policy, Inclusion and Diversity Policy, Duty of Care Policy and Statement of Values and School Philosophy.

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#### **Definitions**

*Bullying* occurs when someone, or a group of people, deliberately and repeatedly upset, harass, intimidate, threaten or hurt another person or damage their property, reputation or social acceptance. There is an imbalance of power in incidents of bullying, where the bully or bullies have more power than the victim due to their age, size, status or other reasons.

Bullying may be direct or indirect, physical or verbal, and includes cyberbullying. Bullying is not a one-off disagreement between two or more people or a situation of mutual dislike.

## Bullying can be:

- 1. direct physical bullying e.g. hitting, tripping, and pushing or damaging property.
- 2. direct verbal bullying e.g. name calling, insults, homophobic or racist remarks, verbal abuse.
- 3. *indirect bullying* e.g. spreading rumours, playing nasty jokes to embarrass and humiliate, mimicking, encouraging others to socially exclude a person and/or damaging a person's social reputation or social acceptance.

Cyberbullying is direct or indirect bullying behaviours using digital technology. For example via a mobile phone, tablets, computers, chat rooms, email, social media, etc. It can be verbal, written or include use of images, video and/or audio.

Mutual conflict involves an argument or disagreement between people with no imbalance of power. In incidents of mutual conflict, generally, both parties are upset and usually both want a resolution to the issue. Unresolved mutual conflict can develop into bullying if one of the parties targets the other repeatedly in retaliation.

Social rejection or dislike is not bullying unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others.

Single-episode acts of harassment, nastiness or physical aggression are not the same as bullying. If someone is verbally abused or pushed on one occasion, they are not being bullied. Harassment, nastiness or physical aggression that is directed towards many different people is not the same as bullying. However, single episodes of harassment, nastiness or physical aggression are not acceptable behaviours at our school.

Many distressing behaviours may not constitute bullying even though they are unpleasant. Students who are involved in or who witness any distressing behaviours of concern are encouraged to report their concerns to school staff.

#### **BULLYING PREVENTION**

Greenhills Primary School has a number of programs and strategies in place to build a positive and inclusive school culture. We strive to foster a school culture that prevents bullying behaviour by modelling and encouraging behaviour that demonstrates acceptance, kindness and respect.

Bullying prevention at Greenhills Primary School is proactive and is supported by research that indicates that a whole school, multifaceted approach is the most effect way to prevent and address bullying. At our school:

- We have a positive school environment that provides safety, security and support for students and promotes positive relationships and wellbeing.
- We strive to build strong partnerships between the school, families and the broader community that means all members work together to ensure the safety of students.

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- Teachers are encouraged to incorporate classroom management strategies that discourage bullying and promote positive behaviour.
- A range of year level incursions and programs are planned for each year to raise awareness about bullying and its impacts.
- In the classroom, our social and emotional learning curriculum teaches students what constitutes bullying
  and how to respond to bullying behaviour assertively. This promotes resilience, assertiveness, conflict
  resolution and problem solving.
- The Peer Support Program and the Peer Mediation program encourage positive relationships between students in different year levels. We seek to empower students to be confident communicators and to resolve conflict in a non-aggressive and constructive way.
- Students are encouraged to look out for each other and to talk to teachers and older peers about any bullying they have experienced or witnessed.

For further information about our engagement and wellbeing initiatives, please see our *Student Wellbeing and Engagement* policy.

#### **INCIDENT RESPONSE**

## Reporting concerns to Greenhills Primary School

Bullying complaints will be taken seriously and responded to sensitively at our school.

Students who may be experiencing bullying behaviour, or students who have witnessed bullying behaviour, are encouraged to report their concerns to school staff as soon as possible.

In most circumstances, we encourage students to speak to your teacher/Year Level Coordinator.

However, students are welcome to discuss their concerns with any trusted member of staff including [teachers, wellbeing staff, school social worker etc].

Parents or carers who may develop concerns that their child is involved in, or has witnessed bullying behaviour at Greenhills Primary School should contact [insert name, role and details i.e. the Student Wellbeing Coordinator, Linda Smith, by phone on 8888 8888 or by email directed to linda@school.com).

## Investigations

When notified of alleged bullying behaviour, school staff are required to:

- record the details of the allegations in [insert relevant location i.e. incident register, Compass, student file]; and
- 2. inform [insert staff involved, i.e. the relevant Year Level Coordinator, Student Wellbeing Team, Assistant Principal, Principal].

The [insert role i.e. Year Level Coordinator] is responsible for investigating allegations of bullying in a timely and sensitive manner. To appropriately investigate an allegation of bullying, the [insert role] may:

- speak to the students involved in the allegations, including the victim/s, the alleged perpetrator/s and any witnesses to the incidents
- speak to the parents of the students involved
- speak to the teachers of the students involved
- take detailed notes of all discussions for future reference
- obtain written statements from all or any of the above.

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All communications with the [insert role] in the course of investigating an allegation of bullying will be managed sensitively. Investigations will be completed as quickly as possible to allow for the behaviours to be addressed in a timely manner.

The objective of completing a thorough investigation into the circumstances of alleged bullying behaviour is to determine the nature of the conduct and the students involved. A thorough understanding of the alleged bullying will inform staff about how to most effectively implement an appropriate response to that behaviour.

Serious bullying, including serious cyberbullying, is a criminal offence and may be referred to Victoria Police. For more information, see: <u>Brodie's Law.</u>

## Responses to bullying behaviours

When [insert role] has sufficient information to understand the circumstances of the alleged bullying and the students involved, a number of strategies may be implemented to address the behaviour and support affected students in consultation with [insert roles, i.e. Student Wellbeing Team, teachers, SSS, Assistant Principal, Principal, etc].

There are a number of factors that will be considered when determining the most appropriate response to the behaviour. When making a decision about how to respond to bullying behaviour, Greenhills Primary School will consider:

- [Amend to reflect the needs of your school]
- the age and maturity of the students involved
- the severity and frequency of the bullying, and the impact it has had on the victim student
- whether the perpetrator student or students have displayed similar behaviour before
- whether the bullying took place in a group or one-to-one context
- whether the perpetrator demonstrates insight or remorse for their behaviour
- the alleged motive of the behaviour, including any element of provocation.

[Insert role] may implement all, or some of the following responses to bullying behaviours:

- Offer counselling support to the victim student or students, including referral to [insert i.e. the Student Wellbeing Team, SSS, external provider].
- Offer counselling support to the perpetrator student or students, including referral to [insert i.e. the Student Wellbeing Team, SSS, external provider].
- Offer counselling support to affected students, including witnesses and/or friends of the victim student, including referral to [insert i.e. the Student Wellbeing Team, SSS, external provider].
- Facilitate a restorative practice meeting with all or some of the students involved. The objective of restorative practice is to repair relationships that have been damaged by bringing about a sense of remorse and restorative action on the part of the person who has bullied someone and forgiveness by the person who has been bullied.
- Facilitate a mediation between some or all of the students involved to help to encourage students to take responsibility for their behaviour and explore underlying reasons for conflict or grievance.
- Implement disciplinary consequences for the perpetrator students, which may include removal of privileges, detention, suspension and/or expulsion consistent with our Student Wellbeing and Engagement policy, the Ministerial Order on Suspensions and Expulsions and any other relevant Department policy.
- Facilitate a Student Support Group meeting and/or Behaviour Support Plan for affected students.
- Prepare a [Safety Plan or Individual Management Plan] restricting contact between victim and perpetrator students.



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- Provide discussion and/or mentoring for different social and emotional learning competencies of the students involved, including [insert specific examples, i.e. connect affected students with an older Student Mentor, resilience programs, etc].
- Monitor the behaviour of the students involved for an appropriate time and take follow up action if necessary.
- Implement year group targeted strategies to reinforce positive behaviours, for example [insert details]. [Insert role] is responsible for maintaining up to date records of the investigation of and responses to bullying behaviour.

Greenhills Primary School understands the importance of monitoring the progress of students who have been involved in or affected by bullying behaviour. Our ability to effectively reduce and eliminate bullying behaviour is greatly affected by students reporting concerning behaviour as soon as possible, so that the responses implemented by Greenhills Primary School are timely and appropriate in the circumstances.

#### **FURTHER INFORMATION AND RESOURCES**

[Insert links to local policies where possible, including your *Student Wellbeing and Engagement Policy* and *Statement of Values*. You might also like to include links to Department resources, including Bully Stoppers].

#### **EVALUATION**

This will be reviewed on an [annual basis/1-2 year basis] following analysis of school data on reported incidents of, and responses to bullying to ensure that this policy remains up to date, practical and effective.

Data will be collected through:

- discussion with students
- regular student bullying surveys
- regular staff surveys
- assessment of school based data, including the number of reported incidents of bullying in each year group and the effectiveness of the responses implemented.

Proposed amendments to this policy will be discussed with [include consultation i.e. student representative groups, parents groups, school council]

## **REVIEW CYCLE**

This policy was last updated on [insert date] and is scheduled for review in [month/year].

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## **IMPLEMENTATION**

What is bullying? What is cyber bullying? What is harassment?

**BULLYING** is repeated verbal, physical, social or psychological aggressive behaviour by a person or group directed towards a less powerful person or group that is intended to cause harm, distress or fear.

**CYBER-BULLYING** consists of covert, psychological bullying, conveyed through the electronic mediums such as mobile phones, web-logs and web-sites, online chat rooms, 'MUD' rooms (multi-user domains where individuals take on different characters) and Xangas (online personal profiles where some adolescents create lists of people they do not like). It is verbal (over the telephone or mobile phone), or written (flaming, threats, racial, sexual or homophobic harassment) using the various mediums available.

**HARASSMENT** is any verbal, physical or sexual conduct (including gestures) which is uninvited, unwelcome or offensive to a person which could reasonably be expected to cause offence, humiliation or intimidation to a person.

Our school will actively promote a positive and welcoming personal environment for all members of the school community. When people are bullied or harassed some effects might be anger, embarrassment, fear and humiliation, loss of self-confidence and reduced function and potential. Bullying and harassment will be addressed, individual differences will be respected and students and staff will be enabled and supported in their pursuit of learning and teaching.

#### **GUIDELINES**

- A school-wide approach will be taken to deal with bullying (including cyber bullying) and harassment in a consistent and systematic way.
- All new students and staff will be informed of the anti-harassment policy and practices at the commencement of their time at the school.
- All complaints of harassment will be heard in confidence and taken seriously.
- Our school will organise preventative curriculum programs that promote resilience, life and social skills, assertiveness, conflict resolution and problem solving.

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- Staff programs will occur periodically to keep staff informed of current issues/strategies for dealing with these issues.
- There will be disciplinary consequences, covering a range of strategies, for those in breach of the Anti-Bullying (including cyber bullying) and Anti-Harassment Policy, guidelines and procedures.

#### **PROGRAM**

- Constructive strategies to deal with harassment will include: education in coping strategies; assertiveness training; problem solving and social skills; counselling and behaviour modification.
   These strategies will be employed in preference to punitive sanctions and negative consequences.
- The Anti-Bullying and Anti-Harassment Policy of the school will be widely promoted to students, staff, parents/carers and the local community.
- A summary of the policy will be included in the Student Enrolment Package while new staff will receive extensive documentation as part of the school's induction process.
- The school leadership team and the teachers will work together to ensure the safety of all school
  members in situations of bullying (including cyber bullying) and harassment, by thoroughly
  investigating all complaints while respecting the need for confidentiality, notifying parents/carers
  and planning interventions.
- If a teacher feels a student is at serious and imminent risk from bullying (including cyber bullying) and anti-harassment then it is their professional duty to pass on the information to an appropriate person in order to ensure appropriate support for the student. It is important that teachers document fully their interaction with the student and to verify the actions taken.
- Student programs will be organized to raise student awareness about a bullying (including cyber bullying) and harassment, to provide a forum for discussion of matters and to aid development of positive attitudes. Some matters will be dealt with formally in the curriculum and in peer support programs, leadership programs, extra-curricular programs and occasional activities run by outside experts and workers. The curriculum will include anti-bullying messages and strategies in line with current DET materials e.g. 'The Friendly Schools' and 'No Blame Approach to Anti-bullying' programs.
- Professional Development will be provided for staff relating to bullying (including cyber bullying) and harassment and proven strategies to address these issues in classrooms will be shared with all staff.
- The school will provide specialist resources such as books, videos, kits and off site in-service activities
  to assist staff in responding appropriately to bullying (including cyber bullying) and harassment
  issues.
- Disciplinary consequences for bullying (including cyber bullying) and harassment will comply with the school's Welfare and Discipline Policy. The principal or their nominee will provide disciplinary consequences including suspension in accordance with Department of Education and Training (DET) guidelines.

#### **REFERENCES**

Links which are connected with this policy are:

DETs Student Engagement and Inclusion Guidance 2014: Student Engagement Policy



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- The school's Acceptable Use Agreement (re cyber-bullying)
- DET's Bully Stoppers: Make a Stand, Lend a Hand

## **EVALUATION AND REVIEW**

The Greenhills Primary School Anti-Bullying and Anti-Harassment Policy will be reviewed annually or more often if necessary due to changes in regulations or circumstances.